THE GOTTMAN INSTITUTE'S THE ART AND SCIENCE OF LOVE COUPLES WEEKEND WORKSHOPS

"It felt empowering, like 'yes! we can do this!' Caralee, keep ★★★★★ saving marriages!"



2019 WORKSHOPS

Feb 15-16 I Denver April 26-27 I Colorado Springs Sept 13-14 I Colorado Springs

REGISTER at WWW.PRINCIPLESKILLS.COM

> See website for Gottman Clinical Training for therapists. CE hours.

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Principle Skills OP

FEELING 'STUCK' IN YOUR RELATIONSHIP? IS THE 'DISTANCE' OR CONFLICT GETTING TO YOU? WANT TO BECOME MORE INTIMATE? LOOKING FOR PROVEN METHODS TO SUCCEED IN LOVE?

The Art and Science of Love is the *only* relationship workshop based on decades of authenticated research.

Produces positive results for 94% of workshop participants.

Struggling? New relationship? Need a tune up? Art and Science of Love is equivalent to 6 months of couples therapy.

WORKSHOP OVERVIEW:

Four predictors of divorce.

Love maps: why you need & how to build. What science says about healthy, happy relationships.

- External stress management. Improving sex, romance and passion.
- Solvable, perpetual and gridlocked problems. N
- Aftermath of a fight.
- AY Managing conflict.

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Discovering underlying issues. Making life dreams come true.

No public dislosures.





