

The Gottman Institute

# THE ART AND SCIENCE OF LOVE

Couples Workshop

# Make Your RELATIONSHIP Better!

## Learn Skills To Elevate Your Love To A Happier, Healthier Place

Concepts based on research spanning 40+ years with 3,000+ couples. Find out how to:

- Calmly approach & resolve perpetual conflicts,
- Prevent emotional “flooding” during arguments,
- Identify underlying issues & harmful behaviors,
- Avoid drifting apart,
- Move past mundane sex & spice up intimacy and
- Experience the joy of knowing you are respected and honored.

## Information Used By Marriage Counselors

Now, you can know what the pros know. Many of the concepts are taught in courses to certify therapists.

\$100 OFF



**Military & First Responders**



COLORADO SPRINGS, COLORADO

Feb 12-13, 2021

April 23-24, 2021

Sept 24-25, 2021

KAUAI, HAWAII

Oct 15-16, 2021

# REGISTER TODAY

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**LIVE & IN-PERSON!**  
Very Limited Seating



*Principle Skills*  
RELATIONSHIP CENTER

PRESENTER  
CARALEE FREDERIC  
LCSW  
Certified Gottman Therapist



★★★★★  
“Loved all of it!”