



Developed by Douglas Weiss, Ph.D.

Betrayal Trauma Recovery Group

It's Time To Be 'You' Again

8-Week Group Therapy
Meets Once a Week

Heal
Recover
Belonging
Friendship

Live Joyfully

GOALS

- Establish your path forward.
- Heal in a non-judgmental space with women who have similar experiences.
- Make crucial decisions about your future.
- Receive support from others.
- Set boundaries for emotional safety.
- Validate your feelings and experience.

WHAT MAKES THIS CLASS DIFFERENT?

- Gives you an opportunity to receive and give support.
- Allows you to incorporate different points of views.
- Principles based on research and aimed at helping women recover from the trauma.

WHO SHOULD ATTEND THIS GROUP?

- Women who have been cheated on and still in the relationship.
- Women who have left the relationship.
- Women who have been traumatized by infidelity.
- Women whose partner is addicted to pornography.
- Women whose partner exhibits extreme sexual acting-out behavior.

REGISTER NOW!

www.PrincipleSkills.com

Limited Seating

LEVEL 1,2 & 3

The Gottman Institute



LICENSED PROFESSIONAL COUNSELOR CANDIDATE



PRESENTER
KARA FACUNDO
LPCC

