



LCSW MASTER GOTTMAN THERAPIST
Caralee Frederic
 PRESENTS

Principle Skills
 RELATIONSHIP CENTER

2023
 Professional
 Training



March 10-11, 2023



LEVEL 1 CLINICAL TRAINING
GOTTMAN METHOD COUPLES THERAPY
Bridging the Couple Chasm

Gottman Method Couple Therapy
 PROFESSIONAL DEVELOPMENT

Colorado Springs 📍

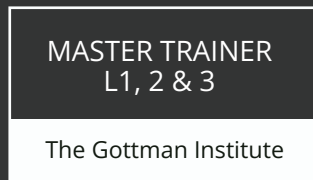
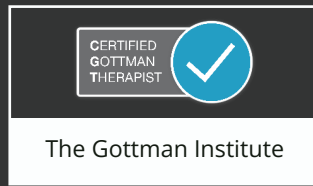
- ♥ Learn research-based strategies to help couples successfully manage conflict
- ♥ Assess a relationship's strengths and areas of concern using empirically validated questionnaires
- ♥ Empower partners to dialogue about their worst gridlocked issues
- ♥ Help couples compassionately deepen their intimacy, minimize relapse

**ELEVATE
 YOUR SKILLS**

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