

## 2023 Professional Training



Caralee Frederic

PRESENTS





Gottman Method Couple Therapy

PROFESSIONAL DEVELOPMENT

Sept. 16-17, 2023

New Ulm, Minnesota 🗣

- Learn research-based strategies to help couples successfully manage conflict
- Assess a relationship's strengths and areas of concern using empirically validated questionnaires
- ◆ Empower partners to dialogue about their worst gridlocked issues
- ◆ Help couples compassionately deepen their intimacy, minimize relapse

## **Includes:**

- Certificate of Completion
- CE Credits
- \$200 Credit
- Videos
- PDF Manual

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CERTIFIED TRAINER L1, 2 & 3

The Gottman Institute





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