

## 2023 **Professional Training**



LCSW CERTIFIED GOTTMAN THERAPIST Caralee Frederic **PRESENTS** 





## **LEVEL 2 CLINICAL TRAINING** GOTTMAN METHOD COUPLES THERAPY Assessment, Intervention, and Co-Morbidities

Gottman Method Couple Therapy

PROFESSIONAL DEVELOPMENT

Sept. 18-20, 2023

New Ulm, Minnesota 🗣

- ◆ Deepens your understanding of Gottman Method Couples Therapy.
- Provides information about relationship theory, observation, couple dynamics, relationship assessment, and treatment planning.
- ◆ Practice using the interventions in role-play sessions to help gain confidence using them with couples.
- ◆ Learn how to select and implement interventions to help couples deepen their Friendship System with rituals of connection.

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CERTIFIED TRAINER L1, 2 & 3

The Gottman Institute





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