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Our Services



Couple Therapy

Work through sensitive and underlying issues with evidence-based therapies.



Betrayal Trauma Recovery for Women

Developed by experts on sexually compulsive behavior, infidelity and trauma, this course has helped thousands of women on their path to healing.



Individual Therapy

Progress towards better mental health, heal from traumas, and improve your relationships.



Emotion Coaching Boot Camp for Parents

Help your child improve social relationships, academic performance and self-confidence. Raise an emotionally intelligent child.



The Art and Science of Love Weekend Couples Workshop

Based on The Gottman Method, it's the fastest way to a healthier, happier relationship. Fall in love again.



Gottman Levels 1, 2, 3 Trainings for Professionals

Assessment and intervention tools are based on rigorous science and case studies. Be confident in your treatments.

Our Specialities

- The Gottman Method Couples Therapy**
Based on extensive research; one of the leading couples therapy approaches in the world.
- Intimate Solutions: Sex Therapy, Sexual Addiction/Compulsion Counseling, and Partner Recovery Counseling**
Includes counseling for both partners dealing with addictions/compulsions, affairs and intimacy issues.
- Couples on The Brink Counseling**
Be guided through the challenging decision of staying married or getting divorced.
- Trauma Therapy**
Understand biopsychosocial pain; rebuild trust, friendship and intimacy with loved ones.



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