

PARENTING WORKSHOP

Emotion Coaching Boot Camp

Based on The Heart of Parenting from The Gottman Institute

8-hour class | 9:00 am - 5:00 pm | Saturday

\$150 for Individuals | \$200 for Couples

Early Bird Pricing | Check website for deadlines



2024



"The information on Emotion Coaching is so much better than any other parenting resource out there. Another winner from Gottman!"

What You Will Learn

- How to develop your child's emotional intelligence.
- How to set limits and become an ally in problem-solving.
- How to express empathy, especially during those challenging times.
- What to SEE, SAY and DO with your child's emotions.



PRESENTER

AMANDA LINAN

LCSW, CST

Limited Seating.
Register Today.



April 6, 2024
Colorado Springs



July 13, 2024
Colorado Springs



October 5, 2024
Colorado Springs