



Principle Skills  
Relationship Center  
*Elevating Love*

LCSW, CERTIFIED GOTTMAN THERAPIST  
**Caralee Frederic**  
PRESENTS

The Gottman Institute

THE **ART** AND  
**SCIENCE**  
OF **LOVE**

2025

# COUPLES WORKSHOP



**Feb 14 - 15**



**Sept 26 - 27**



## Proven Methods & Relationship Concepts

We unpack the data for you at The Art and Science of Love couples workshop in Colorado Springs. No other couples workshop is based on the amount of research as this event.

Research suggests this workshop achieves positive results similar to 6 months of couples therapy, and 94% of attendees report it had a positive impact.

[www.PrincipleSkills.com](http://www.PrincipleSkills.com)



Certified Sexual Addiction  
Recovery Therapist  
Certified Clinical Trauma  
Professional  
Certified Couples On  
The Brink Therapist

Reconnect With  
Your Partner

**REGISTER  
TODAY**

Limited Seating