



LCSW CERTIFIED GOTTMAN THERAPIST, TRAINER, AND PRESENTER

# Caralee Frederic

PRESENTS

**L1** **LEVEL 1 CLINICAL TRAINING**  
GOTTMAN METHOD COUPLES THERAPY  
*Bridging the Couple Chasm*

**L2** **LEVEL 2 CLINICAL TRAINING**  
GOTTMAN METHOD COUPLES THERAPY  
*Assessment, Intervention, and Co-Morbidities*

**L3** **LEVEL 3 CLINICAL TRAINING**  
GOTTMAN METHOD COUPLES THERAPY  
*Practicum Training*

Gottman Method Couple Therapy  
PROFESSIONAL DEVELOPMENT

**L2**

Jan 31-Feb 2, 2025

📍 Westlake Village, CA

**L3**

Mar 7-9, 2025

📍 Colorado Springs, CO

**L1**

Mar 28-29, 2025

📍 Colorado Springs, CO

**L1**

Jun 20-21, 2025

📍 Thousand Oaks, CA

**L2**

Jul 25-27, 2025

📍 Colorado Springs, CO

**L3**

Oct 10-12, 2025

📍 Colorado Springs, CO

- ♥ Build confidence in your counseling skills.
- ♥ Earn your client's trust with more effective sessions.
- ♥ Implement data-based methodologies.
- ♥ Invest in yourself and grow your practice.

## ELEVATE YOUR SKILLS

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CERTIFIED CLINICAL TRAUMA PROFESSIONAL  
International Association of Trauma Professionals

ADVANCED CLINICAL TRAINER

The Gottman Institute

Certified DISCERNMENT COUNSELOR  
CARALEE FREDERIC  
LCSW

Discernment Counseling

CERTIFIED GOTTMAN THERAPIST

The Gottman Institute

SEX RECOVERY THERAPIST  
American Association for Sex Addiction Therapy